

**Jobbnorge ID:** 274608  
**Deadline:** 3/16/2025  
**Website:** <http://www.uis.no/>  
**Scope:** Fulltime  
**Duration:** Fixed Term

## PhD Fellowship in Sport Science

### Job description

The University of Stavanger invites applicants for a PhD Fellowship in Educational Sciences and Humanities - Sports Science at the Faculty of Arts and Education, Department of Education and Sport Science. The position is vacant from 5. August 2025.

This is a trainee position that will give promising researchers an opportunity for academic development through a PhD education leading to a doctoral degree.

The hired candidate will be admitted to the PhD program in Educational Sciences and Humanities. The education includes relevant courses to about six months of study, a dissertation based on independent research, participation in national and international research environments, relevant academic communication, a trial lecture and public defence. Read more about the PhD education at UiS [on our website](#).

The appointment is for three years with research duties exclusively, or four years with both research and other career-promoting work. This will be clarified in the recruitment process.

### Research topic

The PhD Fellow will be affiliated with the following project "Intervention development for individuals with symptoms of muscle dysmorphia and body image concerns". In your project proposal, you are also welcome to suggest alternative projects related to the theme. It is important that you write a scientific rationale for your proposal(s).

Muscle dysmorphia is a mental disorder characterized by a pathological belief of being insufficiently muscular and is currently classified as a specifier for Body Dysmorphic Disorder. Symptoms of muscle dysmorphia are mainly prevalent among young men and women engaged in strength training (e.g., university students or athletes), and the literature has shown that common symptoms of the disorder include a distorted body perception, obsession with muscle mass, size, and shape, anxiety and stress, as well as excessive and compulsive exercise. Such symptoms can lead to serious health consequences if not detected and addressed early. In Norway and internationally, body dissatisfaction among teenagers and young adults continue to increase, yet there has been very little research on muscle dysmorphia nationally. Based on this, a key priority should be to support individuals with symptoms of muscle dysmorphia in reducing these symptoms. This can be addressed, for example, through increased knowledge and education about the disorder. However, based on existing literature, interventions specifically targeting muscle dysmorphia are rarely developed and evaluated. The main objective of the doctoral project is therefore to develop an intervention that will help support individuals with symptoms of muscle dysmorphia and body image concerns. Final decisions regarding the target group, content, design, and methods will be made in consultation with supervisors.

The position will be affiliated with the Sport Science and Physical Education Research Group and the newly established strategic research program ["Active for Life" \(AFL\)](#).

### Project proposal

As an applicant, you must prepare a preliminary project proposal for a doctoral project within the subject area, which explains the problem, relevance, theoretical and methodological approach. Your preliminary project proposal will be included in the application assessment.

During the first three months of the employment period, the project proposal and progress plan will be further developed in cooperation with your supervisors and completed for the final plan for the PhD-project. A project proposal template can be found [here](#).

The research proposal must not exceed 4 pages. Please also include an abstract (150 words) of the proposal at the beginning of the document.

### Qualification requirements

We are looking for applicants with a strong academic background who have completed a master's degree within Sport Science or a closely related subject area, preferably acquired recently; or possess corresponding qualifications that could provide a basis for successfully completing a doctorate. If you complete your master's degree during spring 2025, you are welcome to apply for the position.

To be eligible for admission to the doctoral programmes at the University of Stavanger both the grade for your master's thesis and the weighted average grade of your master's degree must individually be equivalent to or better than a B grade.

Applicants with an education from an institution with a different grade scale than A-F, and/or with other types of credits than sp/ECTS, must attach a confirmed conversion scale that shows how the grades can be compared with the Norwegian A-F scale and a Diploma

Supplement or similar that explains the scope of the subjects that are included in the education. [You can use these conversion scales to calculate your points for admission.](#)

Emphasis is also placed on your:

- knowledge of the research area of muscle dysmorphia and good knowledge of both quantitative and qualitative methods
- motivation and potential for research within the field
- professional and personal skills for completing the doctoral degree within the timeframe
- ability to work independently and in a team, be innovative and creative
- ability to work structured and handle a heavy workload
- having a good command of both oral and written English

## We offer

- a PhD education in a large, exciting and societally important organisation
- an ambitious work community which is developing rapidly. We strive to include employees at all levels in strategic decisions and promote an informal atmosphere with a flat organisational structure.
- colleague-based guidance programme ([NyTi](#)) if teaching is a part of your position
- access to [Lifekeys](#), a digital service for the preservation of personal mental health and well-being
- salary in accordance with the State Salary Scale, l.pl 17.515, code 1017, NOK **575 400** gross per year with salary development according to seniority in the position. From the salary, 2% is deducted as a contribution to the Norwegian Public Service Pension Fund.
- automatic membership in the [Norwegian Public Service Pension Fund](#), which provides favourable insurance- and retirement benefits
- favourable membership terms at a gym and at the [SIS sports club](#) at campus
- employment with an Inclusive Workplace organisation which is committed to reducing sick leave, increasing the proportion of employees with reduced working capacity, and increasing the number of professionally active seniors
- "[Hjem-jobb-hjem](#)" discounted public transport to and from work
- as an employee in Norway, you will have access to an optimal health service, as well as good pensions, generous maternity/paternity leave, and a competitive salary. Nursery places are guaranteed and reasonably priced
- relocation programme

## Diversity

Diversity is a resource in the working and learning environment at UiS. When we have different backgrounds and experiences, we can approach challenges from multiple perspectives and find better solutions.

At UiS, we are committed to showing respect for each other's differences and accommodating employees with disabilities. We take into consideration your needs and your situation in various life phases.

If you find this position interesting, we encourage you to apply, regardless of gender, disability, cultural background, or whether you have been out of the workforce for a period.

If there are qualified applicants with disabilities, gaps in their CV, or immigrant backgrounds, we will invite at least one applicant from each of these groups for an interview. If you fall into any of these categories, feel free to indicate it when applying for the position.

Learn more about the criteria for being considered an applicant in these specific groups [here](#).

## Contact information

More information on the position and the project description can be obtained from the main supervisor, Associate Professor Sebastian S. Sandgren, e-mail: [sebastian.s.sandgren@uis.no](mailto:sebastian.s.sandgren@uis.no) or the Head of Department, Lars Rune Waage, e-mail: [lars.r.waage@uis.no](mailto:lars.r.waage@uis.no).

Information about the appointment procedure can be obtained from HR-advisor Grete Marnburg, tel: +47 51 83 35 45, e-mail: [grete.marnburg@uis.no](mailto:grete.marnburg@uis.no)

## Application

To apply for this position please follow the link "Apply for this job". Your application letter, relevant education and work experience as well as language skills must be registered here. In your application letter, you must state your research interests and motivation for the position.

The following documents must be uploaded as attachments to your application:

- project proposal, a project proposal template [can be found here](#).
- CV with a full summary of your education and experience
- references, certificates/diplomas and other documentation that you consider relevant
- Diploma Supplement or similar and a confirmed conversion scale if this is required
- publications or other relevant research work

Applications are evaluated based on the information available in Jobbnorge at the application deadline. You should ensure that your application shows clearly how your skills and experience meet the criteria which are set out above and that you have attached the necessary documentation.

The documentation must be available in either a Scandinavian language or in English. If the total size of the attachments exceeds 30 MB, they must be compressed before upload.

Please note that information on applicants may be published even if the applicant has requested not to be included in the official list of applicants - see [Section 25 of the Freedom of Information Act](#). If your request is not granted, you will be notified.

UiS only considers applications and attachments registered in Jobbnorge.

## General information

The engagement is to be made in accordance with the regulations in force concerning State Employees and Civil Servants, and the acts relating to Control of the Export of Strategic Goods, Services and Technology. If your application is considered to be in conflict with the criteria in the latter legislation, it will be rejected without further assessment.

Employment as PhD Fellow is regulated in "[Regulations concerning terms and conditions of employment for the posts of post-doctoral research fellow and research fellow, research assistant and resident](#)".

Your qualifications for the position, based on documentation registered in Jobbnorge, will be assessed by an internal expert committee. Based on the committee's statement, relevant applicants will be invited to an interview before any recommendations are made. References will also be obtained for relevant candidates. [More about the hiring process on our website.](#)

The appointee will be based at the University of Stavanger, with the exception of a stay abroad at a relevant centre of research.

It is a prerequisite that you have a residence which enables you to be present at/available to the academic community during ordinary working hours.

The position has been announced in both Norwegian and English. In the case of differences of meaning between the texts, the Norwegian text takes precedence.

## UiS - challenge the well-known and explore the unknown

The University of Stavanger (UiS) has about 12,000 students and 2,200 employees. The university has high ambitions. We strive to have an innovative and international profile, and be a driving force in knowledge development and in the process of societal change. Our common direction is driven by consideration for sustainable change and equitable social development, through new ways of managing natural resources and facilitating better cities and local communities. Energy, health and welfare, learning for life are our focus areas.

In constant collaboration and dialogue with our surroundings, regionally, nationally and internationally, we enjoy an open and creative climate for education, research, innovation, dissemination and museum activities. Academic life at the University of Stavanger is organised into six faculties comprising various departments/schools and National Research Centres, as well as the Museum of Archaeology. We are a member of the European Consortium of Innovative Universities. The university is located in the most attractive region in the country with more than 300,000 inhabitants. The Stavanger region has a dynamic labour market and exciting cultural and leisure activities.

Together with our staff and students we will challenge the well-known and explore the unknown.

**The Faculty of Arts and Education** is the region's most important institution for educating teachers for kindergartens, primary and secondary schools, upper secondary schools and higher education. The Faculty also provides basic education in sport, languages, religion and history, as well as eight Master's programmes and two doctoral programmes.

The Faculty has three national centres: The National Centre for Reading Education and Research (the Reading Centre), the National Centre for Learning Environment and Behavioural Research (The Learning Environment Centre) and the Knowledge Centre for Education (KSU), as well as the Filiorum Centre for Early Childhood Research. The Faculty collaborates with the Norwegian Directorate for Education and Training and local government authorities in respect of further and continuing education. The Faculty has a total of around 3,300 students and 460 employees divided between the Faculty administration, Department of Early Childhood Education, Department of Education and Sports Science, Department of Cultural Studies and Languages, Reading Centre, Learning Environment Centre and Knowledge Centre for Education.

**The Department of Education and Sports Science** offers primary teacher training and postgraduate education in Education Science. Education Science is an academic focus at the university, and we are prepared to take a larger national responsibility for educating the labor needed in the nation and in the region, within the academic field. There are currently 90 employees and 900 students at the department.

## Additional information

### Contact person:

Sebastian S. Sandgren, førsteamanuensis  
Phone: | E-mail: [sebastian.s.sandgren@uis.no](mailto:sebastian.s.sandgren@uis.no)

### Place of service:

Ullandhaug 4036 Stavanger (Stavanger Municipality)